Inspiration is no longer analog.

Picking up your mobile device to connect to an inspiring quote or website has never been more popular. AT&T surveys have shown that an increasing number of people are connecting with their faith or source of inspiration with a mobile device.

AT&T calls this national conversation #InspiredMobility.

You can join in by sharing an inspirational thought, photo, meme or video and using the hashtag #InspiredMobility.

I believe that inspiration can change the world. It gives people a much-needed lift.

I've seen it myself.

My music and my positive messages have taken me around the world. Nothing has kept me more in touch with others than my Words of Wisdom that I share everyday while I'm on the go. It all started by chance when I began texting positive messages at the end of my show "Run's House." I thought, what if I could expand my reach from the millions who were tuning in, to millions more online?

That's when @RevRunWisdom was born.

Joining AT&T to spread positivity through its #InspiredMobility campaign has been a joy. In return, I'd like to share several nuggets of wisdom to help you through the day. Please enjoy this special edition of my Words of Wisdom, and be sure to share your own on social media with the hashtag #InspiredMobility.

*While many of the quotes are directly from Rev. Run, many of them are from anonymous sources popularly shared on social media.
“Sometimes the best thing you can do is not think, not wonder, not imagine, not obsess. Just breathe, and have faith that everything will work out for the best.”

Oct. 30, 2015
9,193 likes

“Stop being afraid of what could go wrong and start being positive about what could go right.”

#InspiredMobility

Nov. 9, 2015
13,585 likes
“You don’t always need a plan. Sometimes you just need to breathe, trust, let go, and see what happens.”

“Unless it’s mad, passionate or extraordinary love, it’s a waste of your time. There are too many mediocre things in life; Love shouldn’t be one of them.”
“Best relationship: Talk like best friends, play like children, argue like husband and wife, protect each other like brother and sister.”

“Every test in our life makes us bitter or better, every problem comes to break us or make us. The choice is ours whether we become VICTIM or VICTOR.”
“Husbands treat your wives the way you would want a man to treat your daughter.”

“A bad attitude can literally block love, blessings and destiny from finding you. Don’t be the reason you don’t succeed.”

Nov. 19, 2015
2,656 likes

Jan. 24, 2016
14,366 likes
“Any home can be a castle when the King and Queen are in love.”

“You’re going into a season where you’re about to experience a breakthrough after breakthrough because what you went through didn’t break you.”
“Don’t let feelings dictate your life. Sometimes you just have to tell your feelings how to feel.”
“I’ve seen better days, but I’ve also seen worse. I don’t have everything I want, but I do have all I need. I woke up. My life may not be perfect, but I am blessed.”

March 20, 2016
1,231 retweets
1,331 likes

“Keep going. Don’t let anything or anybody make you sad... Keep going. When you rest YOU RUST.”
"Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending."

Rev Run was a founding member and front man of hip-hop's legendary group RUN DMC. He's also well-known for his hit reality show "Run's House" where he coined "Rev Run's Words of Wisdom." Each show explored life with his family and ended with an inspirational tweet or text. He is a DJ, a family man, a world traveler, a foodie and a minister who wields his Words of Wisdom from his unconventional pulpit—mobile technology.

Aug. 16, 2015
10,367 likes